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Weaving tapestries and stories in the woods

We've been given some government COVID funding specifically for elder people. (By elder we mean past 55 years on this planet).

Every Monday starting Monday 19th April 2021 for 2 hours in the afternoon (2-4pm), you are invited to Kaliwoods to explore the magic of weaving. We'll be building a natural tapestry in the woods physically and metaphorically, through sharing our story of what this past year has been like, our ups and downs, our inside and outside, all in Kaliwoods.

The natural power of woodland to heal and nourish is well known. The isolation felt by all, old and young, during this pandemic has been particularly acute and the woodland offers us a safe and comfortable space to explore and share. Kaliwoods is fully risk assessed with tippy taps and safe paths and even a couple of compost toilets.

The project is led by Shona Sundhari with facilitators Kally Davidson and Rachel Kellett to support. Together we have a wealth of experience weaving and story telling.

This project gives us at Kinda Education the opportunity to start this spoke in our 8 spoke wheel. (details on our web site www.kindaforestschool.org). At our established base in Kaliwoods just outside Halesworth we've worked since 2018 with children, young adults and elders throughout the Waveney Valley.

Structure

Monday 19th April 2021 for 2 hours in the afternoon (2-4pm), for 8-10 weeks. Weeks 1-3 elders on their own, weeks 3-8 intergenerational mix with Kinda Forest School children. Meet together, explore the physical woods and begin our weaving with 'Spinning the yarn'. Each week we'd develop another weaving aspect. We'd share your experiences, your gifts and your stories around a fire over a cuppa.

We're working with Halesworth Volunteer centre who have arrange transport to and from the woods. There is however limited parking available.

Please wear 'sensible footwear', and we'd recommend dressing in layers to adapt to this changable spring climate.

Directions to Kaliwoods

Beccles Road, Holton, Halesworth IP19 8NQ

Kali's Wood – <https://www.google.co.uk/maps/place/Kali's+Wood/>

Out of Halesworth on the Southwold Road, turn left into Holton village, passed the school, passed the round towered church, up a Suffolk hill, turn right down a WW2 track, just passed the speed unrestricted sign, Footpath sign, Tibetan Flags.

KALI WOOD entrance is half way down on left – green man on gate, tibetan windhorse flags outside. Parking on hard standing.

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